



# YOUR FREE ROLE PLAY

The Aphrodisiacs

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# The Aphrodisiacs

This is one of my all-time favorite role-plays, and it has all the ingredients for success—a sexy sous chef, delicious food, and amazing sex!

## The Scene

You are a professional chef who is hired for a private cooking lesson. You arrive at the home where you are greeted by a very handsome man. With his help, you familiarize yourself with his kitchen and then put him to work as your sous chef. He will soon realize that plates will not be required to serve this dinner.

## What You Will Need

- A dinner plan and all of the required ingredients. Keep the menu simple, and create courses that are quick and easy. I have some sample menus available in my *Role Play Handbook*, available at <http://eepurl.com/b2uyOP>  
Note: for this script I'm going to use a watermelon salad, pasta, and chocolate fondue for the sake of simplicity.
- A basket or container that can hold all of the ingredients.
- An apron (not essential, but it would help you to keep in character).

## How to Build Anticipation

- The day before, send him this text:  
*Hi. Just a quick message to confirm our private cooking lesson tomorrow at <insert time>. I promise you will enjoy it. <Insert name>*
- On the day of, send him this text:  
*Hi, it's <insert name> again. This is a final confirmation for tonight's*

*booking. I've just finished shopping for our dinner, and we'll be making my favorite dessert: chocolate fondue. See you in a few hours...*

### **The Script**

You will want to come in the front door of your home, so you may want to do what I do and sneak out the back door and walk around to the front and ring the doorbell.

You can wear whatever you'd like for this role play. Go super sexy, or put on a nice pair of butt-hugging jeans and a low-cut top.

Have all of your ingredients packed in your basket.

Ring the doorbell.

When he opens the door, introduce yourself first.

“Hi, I'm <insert name>. It's a pleasure to meet you.”

Shake his hand and let him show you inside. Remember: this is not your house, and you don't know where to go. Look around the house, admiring it.

“You have a beautiful home. How long have you lived here?”

Wait for him to answer. If he hasn't started to lead you toward the kitchen, ask him where it is and let him guide you there.

“And a beautiful kitchen to match your beautiful home. I'm going to need some help finding my way around.” Giggle—you want to be super flirty during this role play.

Put your basket down on the counter top.

“Have you ever had a private cooking lesson before?”

“Well, we’re going to have some fun then.” Give him a wink. “Okay, we’re going to need a couple of chopping boards and some sharp knives.”

Let him get them for you. Be sure to get caught checking him out in the process.

When he catches you, don’t look away. Just smile brazenly.

“Excellent. Also, where is your cutlery drawer?”

Retrieve a fork, but don’t give it to him yet. Put it down near your basket.

“First up, we’re going to make a quick watermelon salad. I’m going to need you to cut it up for me.”

As you pass him the watermelon, accidentally brush his arm, and then catch his eye.

While he chops the watermelon, you can chop the other salad ingredients.

“Want to know a cool fact about watermelon?”

Raise one eyebrow suggestively.

“Apparently, research has shown it has a Viagra-like effect on blood vessels, increasing libido. Who knew, huh?”

Using the fork, take a piece of the watermelon from the pile he’s cut and eat it, letting the fork linger on your lips.

“Delicious.”

Feed him a piece of watermelon.

“Just a taste of what’s to come.”

Go back to your chopping board and finish off the salad. Ask him for a wooden spoon, and when he passes it to you, thank him. Smack it against the palm of your hand a few times—insinuating a naughty use for the wooden spoon.

Combine the salad and clear your throat.

“One course down. Are you having fun so far?”

“Good. Now we’re going to cook some pasta. Could you please show me where the pots are?”

Let your eyes linger on his, and when you have eye contact, give him a clear look—up and down.

“Can you please fill it with water and put it on the stove?”

Note: By instructing him what to do, it gives you a sense of control in the role play. You may find this a surprising turn-on.

Once the pot of water is safely on the stove, walk up beside him or behind him and “accidentally” brush your breasts against him.

“I have this exact cooktop in my house.”

Turn it on, and add some salt. Make a show of this, i.e. drop it from a high level. It adds some drama. This is a tip you should always utilize when applying lubrication as well.

ROLE PLAY SCRIPTS FOR THE MODERN WOMAN

Instruct him to add the pasta while standing inappropriately close to him. Let your eyes linger on his forearms.

Instruct him to warm up another pan for the sauce.

Make the sauce together. Again, pour the oil from a high level. Add some chili (even if you don't like chili, buy the mild flakes for effect).

Bite your lip as you sprinkle the chili flakes into the pan.

"I like *everything* spicy."

Retrieve a jar of sauce from your basket. Use either a premade sauce or a bought sauce for the convenience sake of this role play. You want to keep the tempo up, not wait around for the sauce to reduce down.

"I'm going to let you in on a secret. I buy this sauce from my Italian neighbor. It's better than anything you can make. I'll give you her number..." Bite your lip teasingly and then add the sauce to the pan.

Make a show of going to wash your hands and then accidentally drop the tea towel. Bend over from the hips, keeping your legs straight and giving him a good look at your ass. Look over your shoulder and catch him watching you.

While the sauce is heating through, make conversation that builds on the characters of the role play.

"This house seems like quite the bachelor pad. And seeing as you hired me to teach you to cook, I'm assuming you don't have a girlfriend. Correct?"

"I'm surprised. Handsome and good with your hands...it's a very sexy combination."

Turn your attention to the pasta. “Can you please stir that?”

Alternating between flirty chef and professional chef will tease him.

Drain the pasta and add it to the sauce. Twirl the fork in the pan, hold it up to your lips and blow on it. I guarantee he’ll be watching you. Feed it to him, and then wipe the sauce from the corner of his lip (even if there isn’t any, pretend there is!) with your finger. Making eye contact, put your finger in your mouth, sucking it clean.

“Third and final course now. Are you ready?”

“This is my favorite. There are so many things you can do with chocolate.”  
Wink.

“First, we need to melt the chocolate.”

Show him how to do it, keeping nice and close. Put your hand on his back as you watch over his shoulder. You want to start to increase body contact now.

While the chocolate melts, pull out the final ingredients from your basket: strawberries, marshmallows, and a can of whipped cream. Hold up the whipped cream in your hand.

“Are you a fan?”

He’ll say, “Yes.”

Check the chocolate, stirring it.

“Dark chocolate is also an aphrodisiac.”

ROLE PLAY SCRIPTS FOR THE MODERN WOMAN

Instruct him to wash and dry the strawberries. Again, stand next to him and watch over his shoulder.

“So, that’s all three courses done. Now, we can eat, or…” Run your fingertips up his forearm. “we could mix things up and start with desert.”

Dip a strawberry or marshmallow into the chocolate and feed it to him.

“That’s so sexy.”

“I don’t know what’s wrong with me tonight, but all I can think about is what we could do with that whipped cream.”

Keep in character now as you begin to kiss and touch each other. Use the chocolate and whipped cream. Put it on each other, and eat it off.

During sex, use a little dirty talk like:

“Chocolate tastes so much better when I’m licking it off your cock.”

“I had no idea I was going to get so dirty tonight.”

“I wanted you the moment I walked in the door.”

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To break the character, say, “You are definitely my favorite client. I hope you hire me again very soon.”

Give him a goodbye kiss and then walk out of the room with your basket.

If you’re sticky, you might want to shower quickly or just use a wet towel to clean up any mess. Change into a casual outfit, walk back into the kitchen, and act surprised.

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“Oh, honey, I had no idea you were cooking dinner. Thank you. I love you!”

Give him a cheeky kiss on the cheek. Serve dinner. You’ll both have worked up an appetite!